



# CT Radiation Dose Information - What to Capture and How

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# Affiliations & Disclosures

- **CTO, CoreLab Partners, Princeton, NJ**
- **PixelMed Publishing, Bangor, PA**
- **Editor, DICOM Standard**
- **Co-chair, IHE Radiology Tech. Committee**

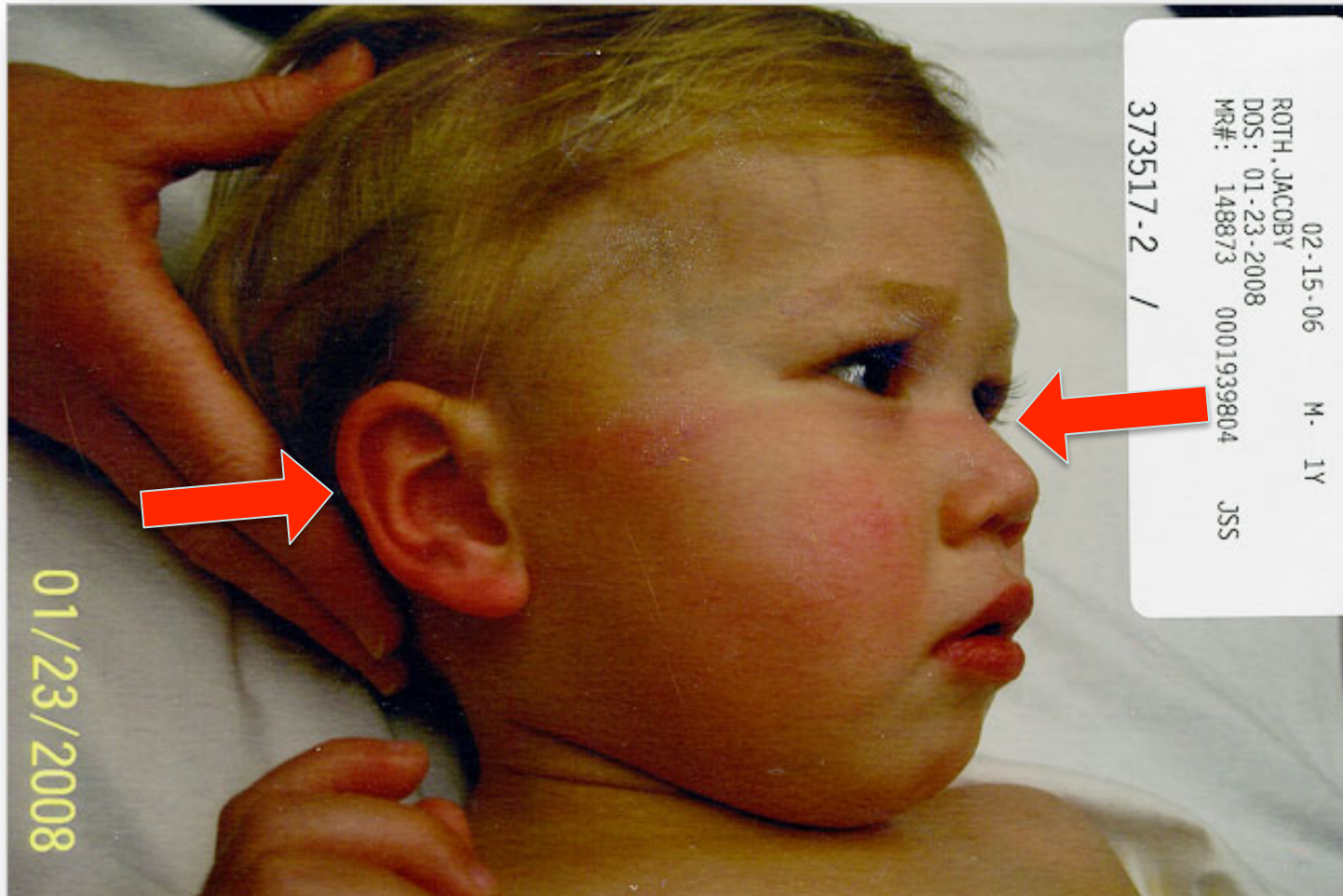
# Background

- **Utilization of CT has exploded**
- **Technology allows faster delivery of higher doses**
- **Speed has led to newer applications that acquire many more slices at same location (e.g., perfusion)**
- **Radiation dose *may* be harmful**
- **Monitoring & alerting is required**

# Perceived or Real Risk

- **Incidents of deterministic events in popular press (hair loss, erythema)**
- **Acknowledged rising CT use and source of dose relative to background**
- **Cancer risk estimates based on linear non-threshold (NLT) model**
- **Epidemiological studies documenting observed increase in risk**

# Jacoby Roth Incident



*New York Times 2009/10/16 (supplied by family's attorney with PHI as published)*

# Cedars-Sinai Incident

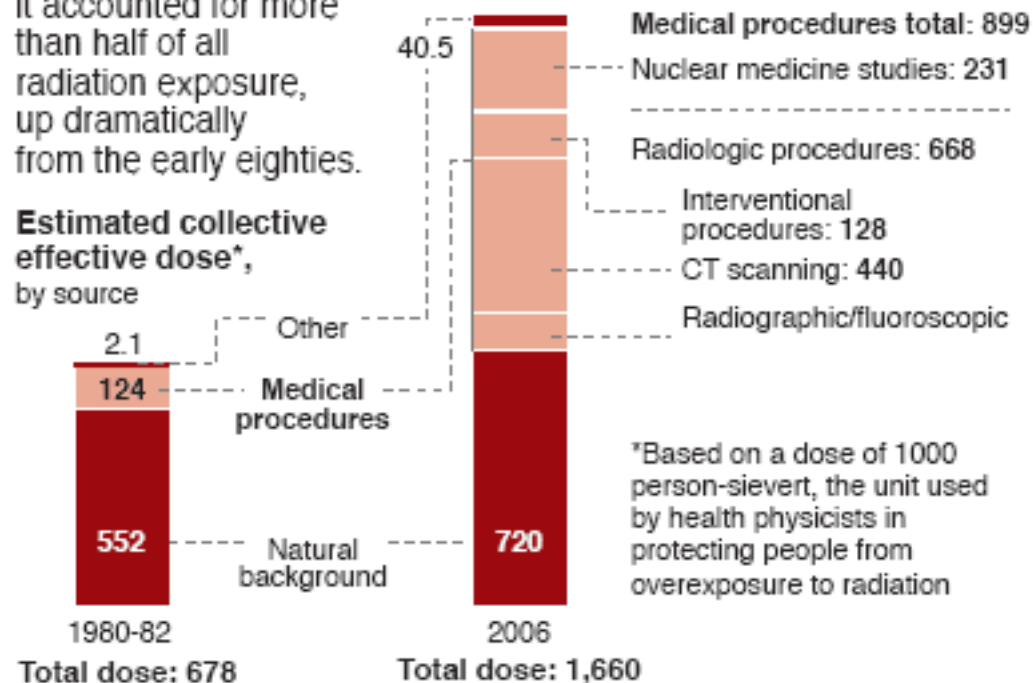


# Popular Press

## Medical tests major source of radiation

Americans get the most medical radiation in the world. In 2006, it accounted for more than half of all radiation exposure, up dramatically from the early eighties.

Estimated collective effective dose\*, by source

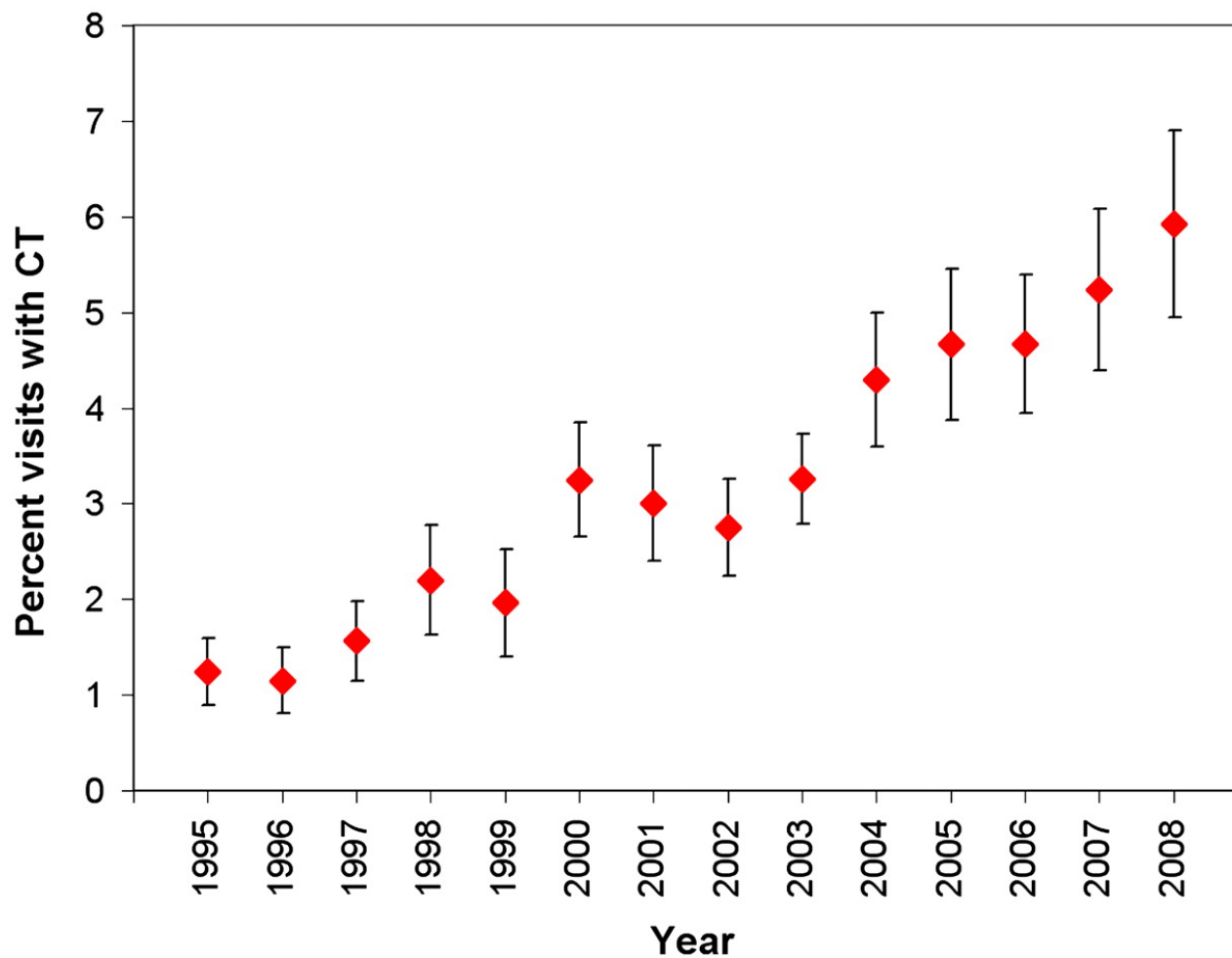


\*Based on a dose of 1000 person-sievert, the unit used by health physicists in protecting people from overexposure to radiation

SOURCE: Radiology magazine

AP

Graph illustrates percentages of ED visits with CT from 1995 to 2008 in patients younger than 18 years.

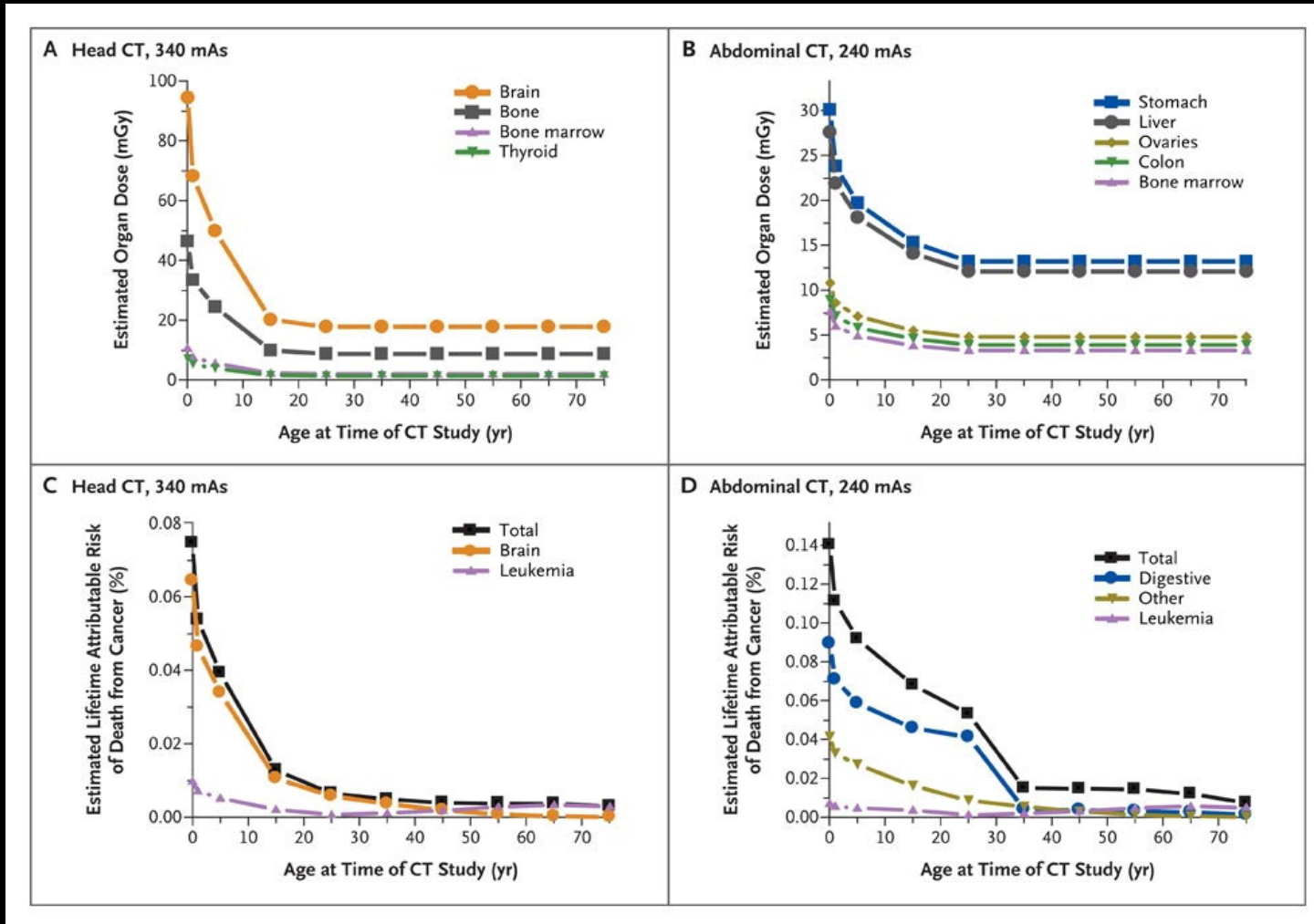


Larson D B et al. Radiology doi:10.1148/radiol.11101939

Radiology



# Estimated Organ Doses and Lifetime Cancer Risks from Typical Single CT Scans of the Head and the Abdomen.



Brenner DJ, Hall EJ. N Engl J Med 2007;357:2277-2284.



The NEW ENGLAND  
JOURNAL of MEDICINE

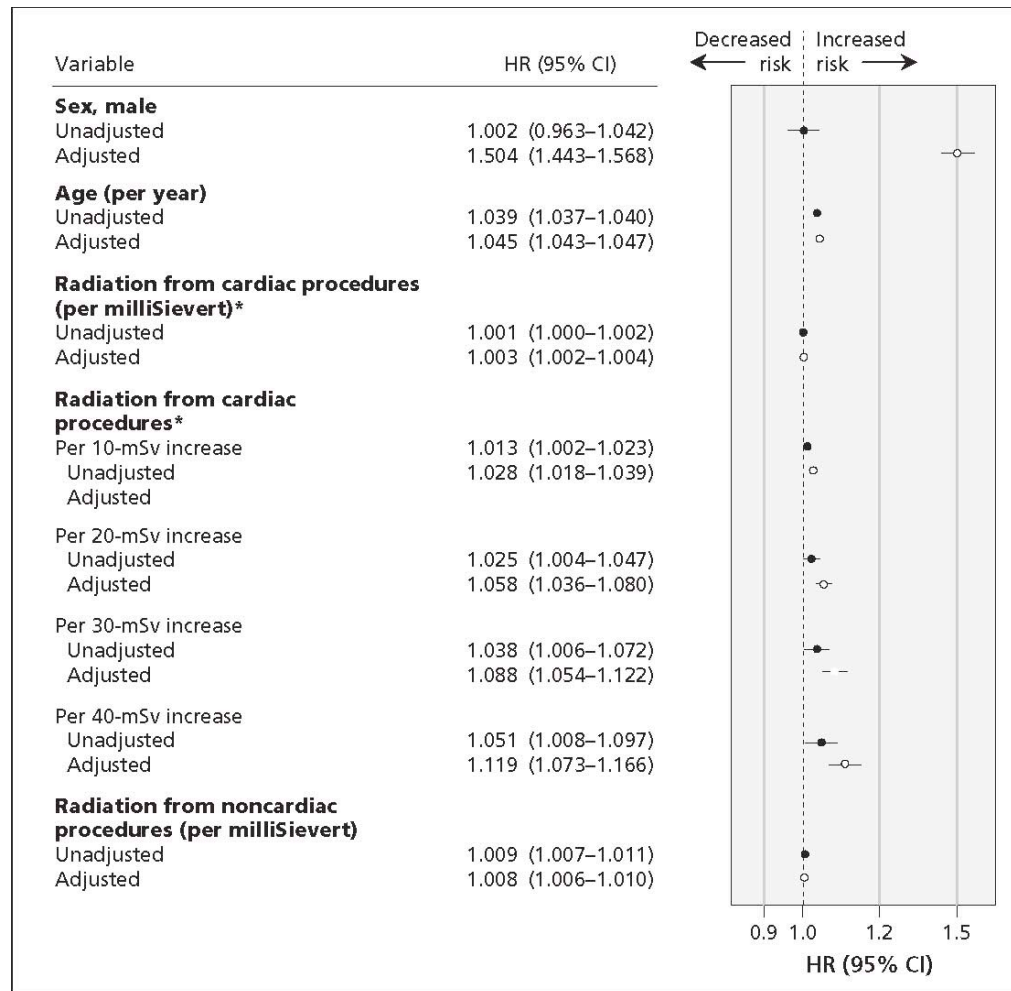


Figure 1: Relation between cumulative exposure to low-dose ionizing radiation (measured in milliSieverts) from cardiac imaging and therapeutic procedures after acute myocardial infarction and the risk of cancer during a mean follow-up period of 5.0 years. Hazard ratios (HRs) above 1.0 indicate an increased risk of cancer. Adjusted HRs were derived from models adjusted for age, sex and exposure to low-dose ionizing radiation from noncardiac procedures. \*Among patients who were exposed to more than 0 mSv of radiation. Note: CI = confidence interval, mSv = milliSieverts.

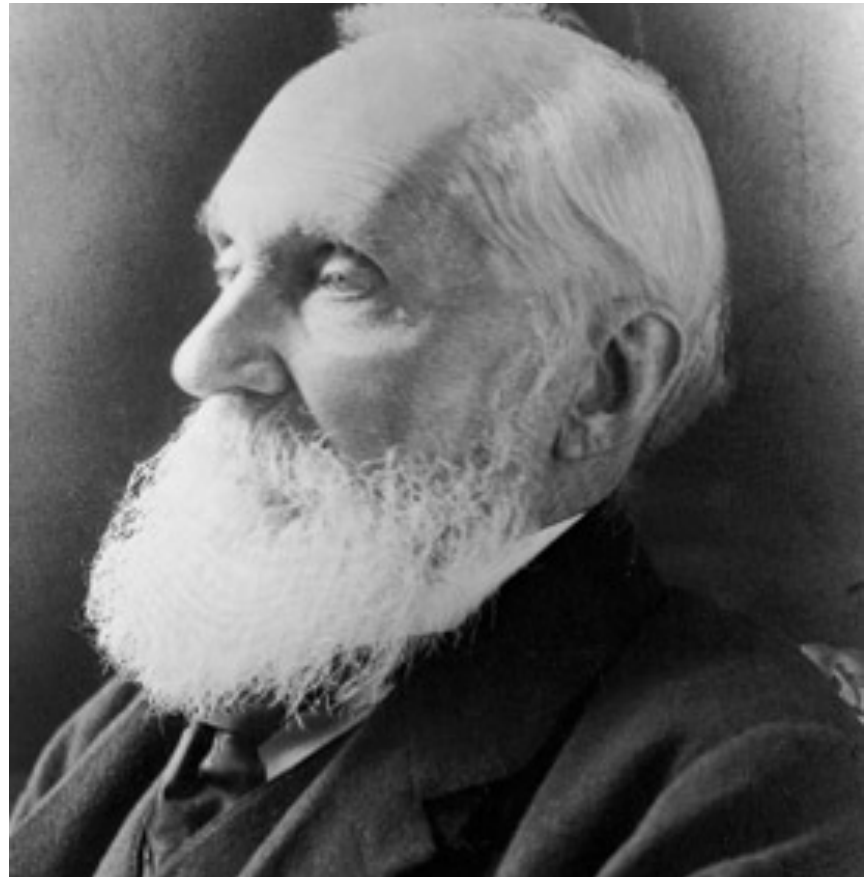
# Assuring Minimal Dose

- **Reducing operator error**
- **Reducing inappropriate use of CT**
- **Improving protocols**
- **Improving low-dose technology**
  
- **Improving surveillance**
- **Greater regulation and reporting**
- **Better knowledge base**

***“If you can not  
measure it, you can  
not improve it.”***

**Lord Kelvin (William  
Thomson 1824-1907)**

**1<sup>st</sup> President of IEC  
(International  
Electrotechnical  
Commission)**



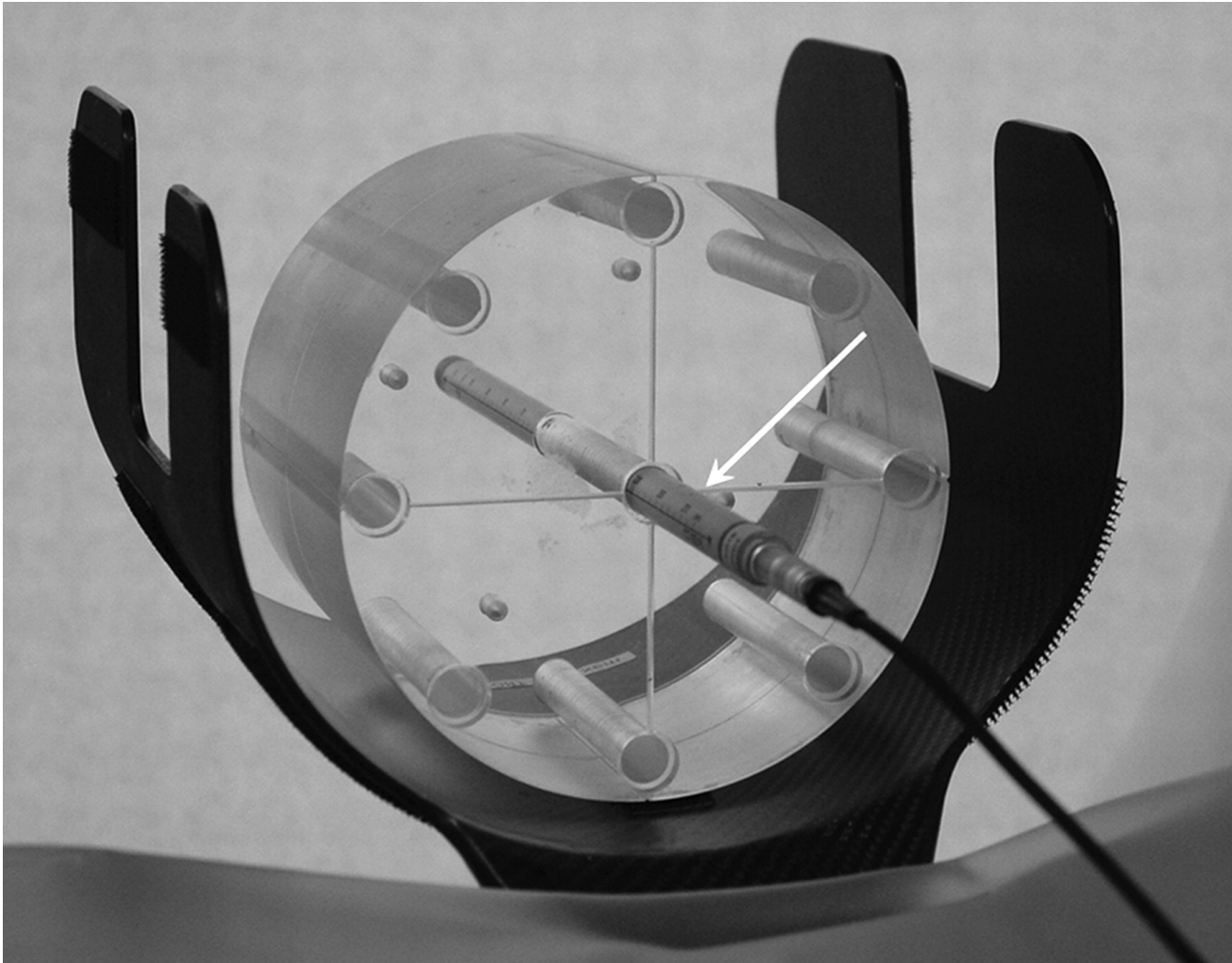
# Sources & Storage of Data

- **Utilization, billing or survey information**
  - indication
  - type of procedure
  - age/sex
- **National Dose Index Registries**
  - type of procedure
  - dose delivered (CTDIvol, Total DLP)
- **Institutions' internal databases**
  - manual or automated logging
- **Longitudinal patient-specific record**
  - lifetime record, across institutions
  - part of EHR or separate dose-specific system

# Procedure Dose Data

- **What would be absorbed by a phantom**
  - CTDI<sub>vol</sub> (mGy)
  - DLP (mGy.cm)
- **Effect of what was absorbed**
  - Effective Dose (mSv)
- **What is the additional risk**
  - Lifetime Attributable Risk of cancer
- **All are estimates, not measured**

**Figure 5a. (a) A solid-state real-time dosimeter (arrow) is inserted into a head CTDI phantom to measure the CTDI100.**



**Bauhs J A et al. Radiographics 2008;28:245-253**

**RadioGraphics**

# Output versus Actual

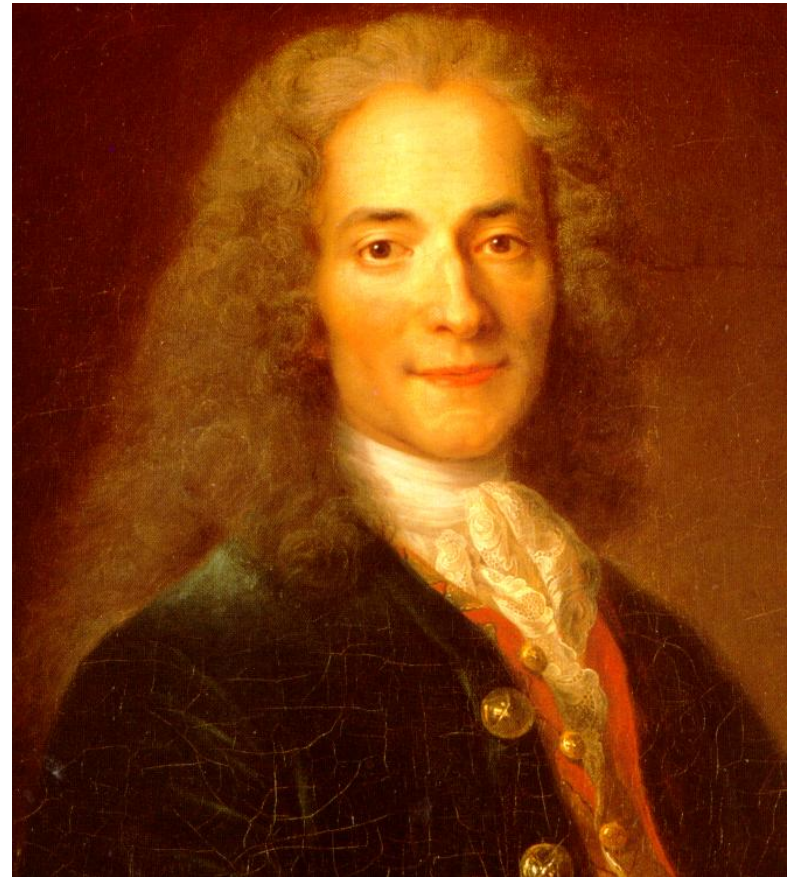
- **What the machine output**
  - CTDIvol and DLP describe the output of the scanner as if absorbed by a phantom, not measured in the actual patient
- **Extrapolation to real patients**
  - requires patient size information
  - impact on organs (tissue weighting factors)
  - assumes knowledge of impact on risk



***“The perfect is the enemy of the good.”***

**Voltaire (1764)**

***“Le mieux est l'ennemi du bien.”***



# Capture what we can

- **Easy to capture**

- per acquisition CTDIvol and DLP
- total procedure DLP

- **Can be captured**

- *standard* code/term for procedure type
- *standard* code/term for anatomy
- proxies for patient size – height, weight, sex

- **Harder to capture**

- actual measures of patient size (localizer?)
- actual organs exposed and extent (segment images?)

# CTDIvol & DLP

Patient Name:

Exam no:

Accession Number:

Patient ID:

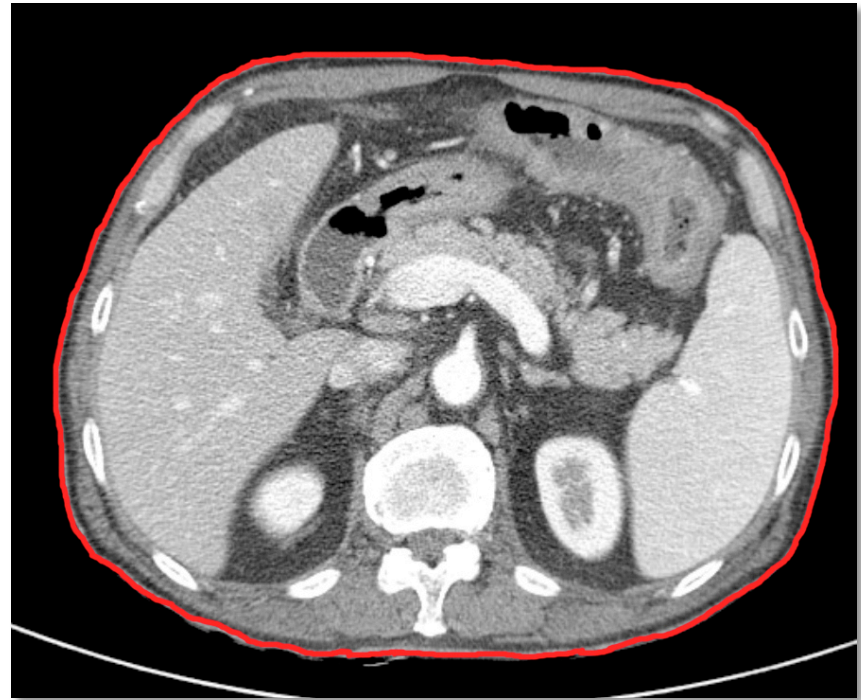
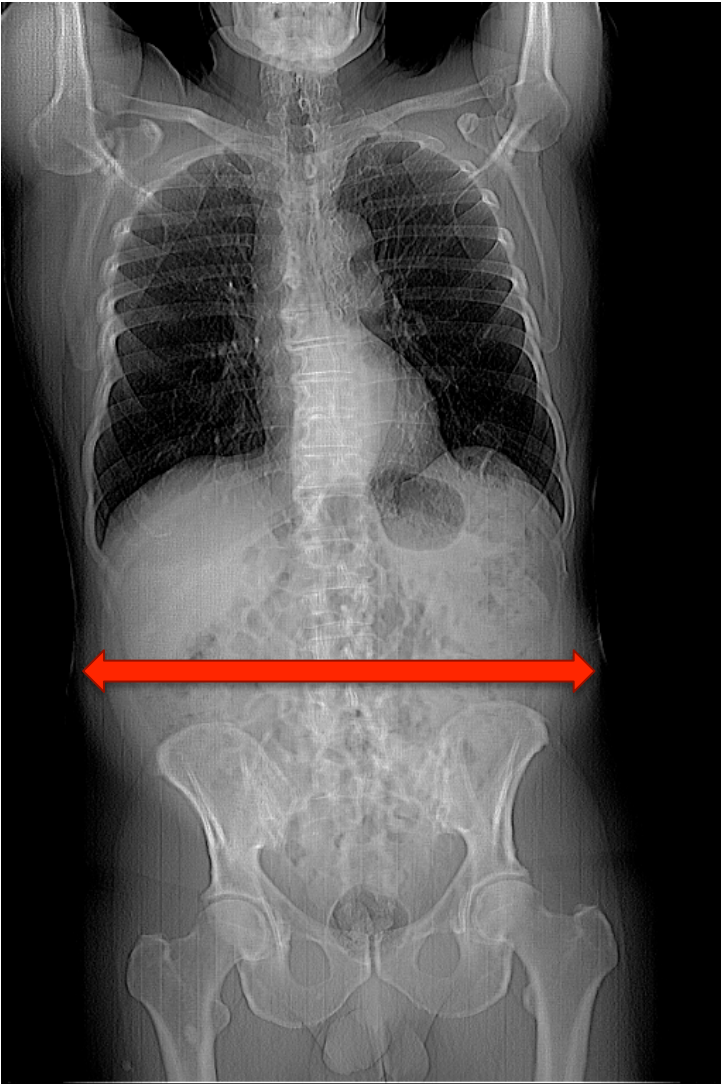
Discovery CT750 HD

Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	\$15.750-1650.250	5.10	373.00	Body 32
5	Helical	\$188.000-1105.000	5.10	182.72	Body 32
Total Exam DLP:				555.72	

# Size from Localizer or Axial



# Segmentation

- Fully automated organ segmentation from axial slices is non-trivial but tractable
- Might be useful for more refined tissue factor weighting based estimates of organ dose or total dose rather than depending on nominal procedure type
- Certainly useful for patient-specific Monte Carlo simulations of dose
- Cannot segment beyond reconstructed images (e.g., over-ranging for helical scans, scatter beyond scan extent), but could be used to scale to fit anthropomorphic phantoms



# What was done ?

- **(Performed) Procedure Type**
  - varies from site to site
  - varies from scanner to scanner
  - varies between operator !#\$%
  - limited and non-standard codes
  - non-standard strings (Study Description)
  - language and locale specific
  - may or may not include anatomic region

# Dose from Modality

- **Multiple possible DICOM sources**
- **Image “header”**
- **Modality Performed Procedure Step**
- **Radiation Dose Structured Report**
- **Dose Screen OCR or “header”**

# Dose from Modality - Images

- **Images are insufficient**
  - technique only
    - kVP,mAs, not usually CTDIvol
    - not DLP, which spans entire acquisition
  - multiple reconstructions per exposure
    - soft tissue and bone reconstructions, MPRs
    - might count more than once
  - timing of encoding
    - images encoded/sent before acquisition ends



# Dose from Modality - MPPS

- **MPPS is insufficient**
  - limited ability to encode complex data
  - transient message, nor a persistent object
  - cannot be “stored” long term or queried
  - intended to manage scheduling system
  - also not very widely implemented
  - perceived as offering little benefit in addition to work list

# Dose from Modality - RDSR

- **Radiation Dose Structured Report**
  - persistent document-like object
  - store to PACS, RIS, XDS, CD media
  - extensible coded structured content
  - similar to other DICOM “evidence document” structured content like measurements
  - allows transfer and addition of more content
  - contains aggregate and per event exposure
  - contains detailed technique description

# DICOM CT RDSR

## CT RADIATION DOSE SR IOD TEMPLATES

The templates that comprise the CT Radiation Dose SR are interconnected as in Figure A-12

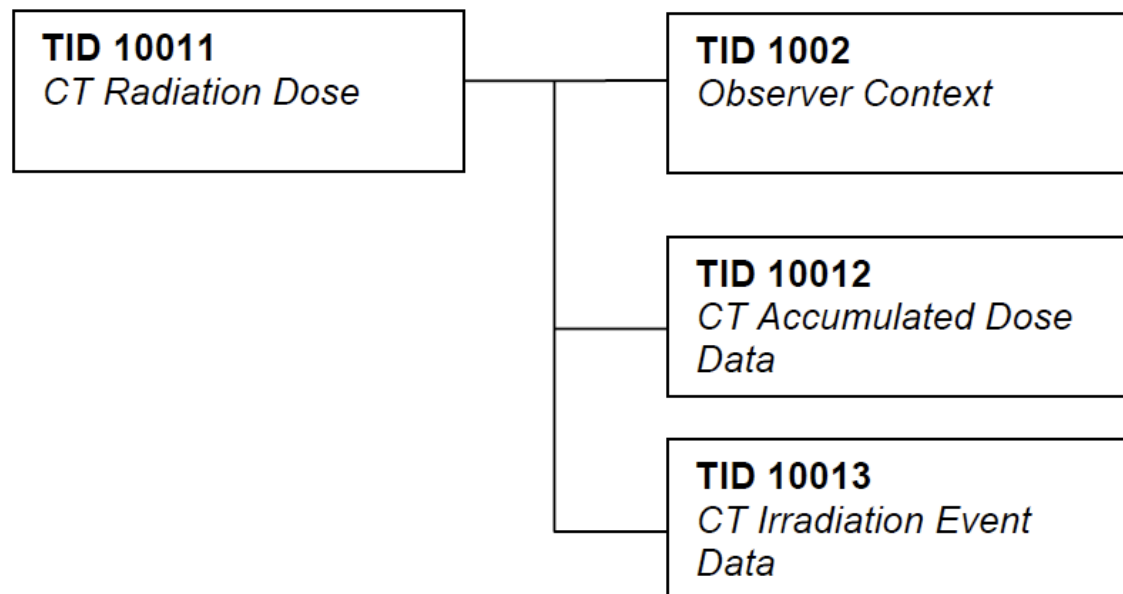


Figure A-12: CT Radiation Dose SR IOD Template Structure

# DICOM CT RDSR

- 📁 : CONTAINER: X-Ray Radiation Dose Report [SEPARATE] (DCMR,10011)
  - ▼ 📁 HAS CONCEPT MOD: CODE: Procedure reported = Computed Tomography X-ray
    - 📄 HAS CONCEPT MOD: CODE: Has Intent = Diagnostic Intent
    - 📄 HAS OBS CONTEXT: CODE: Observer Type = Device
    - 📄 HAS OBS CONTEXT: TEXT: Device Observer Name = ilqhfaatc1ws444
    - 📄 HAS OBS CONTEXT: TEXT: Device Observer Manufacturer = Philips
    - 📄 HAS OBS CONTEXT: TEXT: Device Observer Model Name = Brilliance 64
    - 📄 HAS OBS CONTEXT: TEXT: Device Observer Physical Location During Observation = PMSTL
    - 📄 HAS OBS CONTEXT: DATETIME: Start of X-ray Irradiation = 20100422162839.030
  - ▼ 📁 HAS OBS CONTEXT: CODE: Scope of Accumulation = Study
    - 📄 HAS PROPERTIES: UIDREF: Study Instance UID = 1.2.840.113704.1.111.6084.1271942101.12
  - ▼ 📁 CONTAINS: CONTAINER: CT Accumulated Dose Data [SEPARATE]
    - 📄 CONTAINS: NUM: Total Number of Irradiation Events = 2 events
    - 📄 CONTAINS: NUM: CT Dose Length Product Total = 19.67375 mGycm
  - ▶ 📁 CONTAINS: CONTAINER: CT Acquisitions [SEPARATE]
  - ▼ 📁 CONTAINS: CONTAINER: CT Acquisitions [SEPARATE]
    - 📄 CONTAINS: CODE: Acquisition Type = Sequenced Acquisition
    - 📄 CONTAINS: CODE: Procedure Context = CT without contrast
    - 📄 CONTAINS: UIDREF: Irradiation Event UID = 1.2.840.113704.1.111.6084.1271942101.12.2
  - ▼ 📁 CONTAINS: CONTAINER: CT Acquisition Parameters [SEPARATE]
    - 📄 CONTAINS: NUM: Exposure Time = 4254 s
    - 📄 CONTAINS: NUM: Scanning Length = 10 mm
    - 📄 CONTAINS: NUM: Nominal Single Collimator Width = 0.625 mm
    - 📄 CONTAINS: NUM: Nominal Total Collimator Width = 1.25 mm
    - 📄 CONTAINS: NUM: Number of X-ray Sources = 1 X-ray sources
    - ▶ 📁 CONTAINS: CONTAINER: CT X-ray Source Parameters [SEPARATE]
  - ▼ 📁 CONTAINS: CONTAINER: CT Dose [SEPARATE]
    - 📄 CONTAINS: NUM: Mean CTDIvol = 1.3978125 mGy
    - 📄 CONTAINS: CODE: CTDIw Phantom Type = IEC Body Dosimetry Phantom
    - 📄 CONTAINS: NUM: DLP = 16.77375 mGycm
  - ▼ 📁 CONTAINS: CODE: Device Role in Procedure = Irradiating Device
    - 📄 HAS PROPERTIES: TEXT: Device Manufacturer = Philips
    - 📄 HAS PROPERTIES: TEXT: Device Model Name = Brilliance 64
  - 📄 CONTAINS: CODE: Source of Dose Information = Automated Data Collection

# DICOM CT RDSR

- 📁 : CONTAINER: X-Ray Radiation Dose Report [SEPARATE] (DCMR,10011)
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# Dose from Modality - RDSR

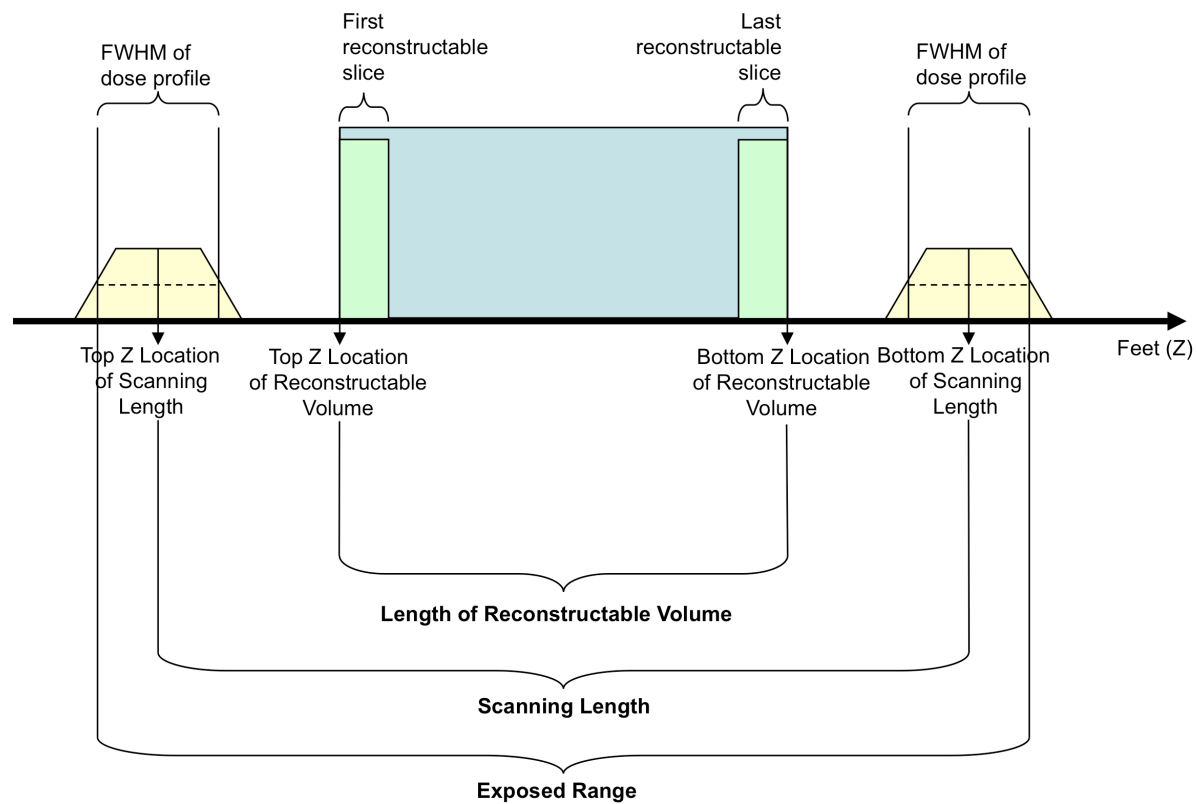
- **Radiation Dose Structured Report**
  - general structure common to all modalities
  - specific content for different modalities
  - CT versus projection X-Ray
  - fluoroscopy versus individual exposures
  - allows for shared infrastructure to manage all ionizing radiation producing diagnostic modalities
  - future extension to nuclear medicine & PET

# Dose from Modality - RDSR

- **Radiation Dose Structured Report**

- irradiation event: uniquely identified
- scope: event, series, PPS, study
- accumulated & per-event data
- phantom dose required (CTDIvol, DLP)
- effective dose (mSv) optional (ICRP 60, 103)
- per-event acquisition parameters (kV,...)
- standard coded region (anatomy)
- standard coded CT type (sequenced,spiral,...)

# RDSR Extensible – CP 1068

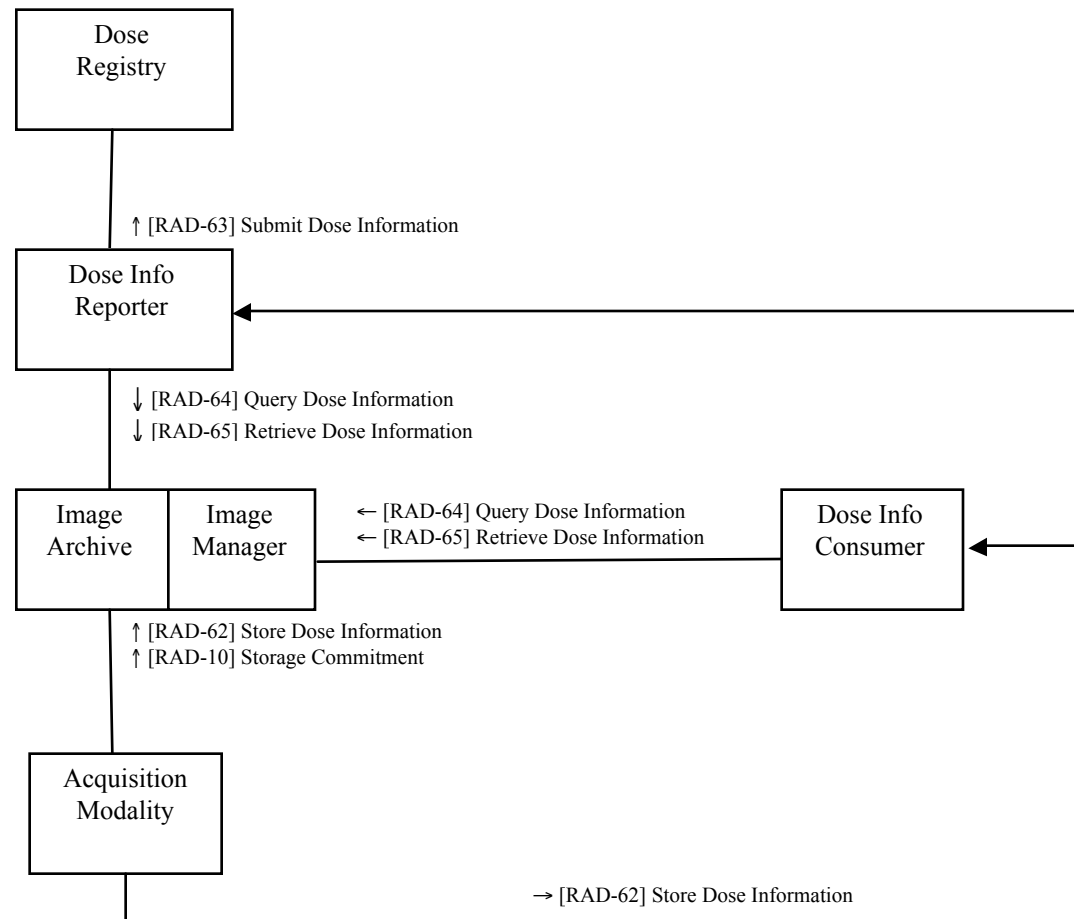




# Management – IHE REM

- **Radiation Exposure Monitoring (REM)**
  - Integrating the Healthcare Enterprise (IHE)
  - profile to specify actors & transactions
  - create, store, distribute, report and register
  - Modalities create
  - PACS (IM/IA) stores
  - Dose Information Consumer uses
  - Dose Information Reporter sends to Registry

# IHE REM Profile



# Standards for the Future

- **Way forward is clear**
  - all new equipment should encode dose in DICOM Radiation Dose Structured Reports (RDSR)
  - all devices should support IHE Radiation Exposure Monitoring (REM) profile, which addresses modality, storage, reporting and registry submission
- **Commitment by vendors to update**
  - “current platform” only

PRODUCT FAMILY	LIGHTSPEED			
Product	Software	Slices	DICOM DOSE SR	DICOM SC
LightSpeed QX/i		4		
LightSpeed (H-power gantry)		4		
LightSpeed Plus (Compact gantry)		4		
LightSpeed Plus (H-power gantry)		4		
LightSpeed Ultra (Compact gantry)		8		
LightSpeed Ultra (H-power gantry)		8		
LightSpeed 16 (Compact gantry)		16		
LightSpeed 16 (H-power gantry)		16		
LightSpeed Pro 32		32		
LightSpeed RT	07MW11.10	4, 8, 16		
	07BW08.x			
	08BW17.7			
	08BW44.1			
	09HW30.4			
LightSpeed VCT	07MW18.4	64		
	08MW33.2	64		
	09MW08.10	64		
	09MW08.11	64		
	10MW06.5	64		

# Dilemma

- **What to do about older scanners**
  - that are not yet updated, and may never be
  - vast majority of global installed base
  - what existing capabilities can be leveraged ?
- **What about new objects in old PACS ?**
  - new modalities may produce RDSR, but ...
  - site has no system to view, aggregate, report
- **Even for old images in the archive ...**
  - vast collection of reference dose information
  - manual recording is tedious (== expensive)
  - prior data for patients with new studies

# Old Scanners

- **Usually no explicit dose information**
  - just technique (kVP, mA, etc.)
  - scanner-specific dosimetry efforts (ImPACT)
  - Garcia MS et al. 2009
- **Human-readable “dose screens”**
  - CTDIvol and DLP per series & total DLP
  - not (generally) machine-readable
  - can use Optical Character Recognition (OCR)

# Dose Screen - GE

Patient Name:

Exam no:

Accession Number:

Patient ID:

Discovery CT750 HD

Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	S15.750-I650.250	5.10	373.00	Body 32
5	Helical	S188.000-I105.000	5.10	182.72	Body 32
Total Exam DLP:				555.72	

# Key Fields to Extract

Patient Name:

Exam no:

Accession Number:

Patient ID:

Discovery CT750 HD

Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
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5	Helical	\$188.000-1105.000	5.10	182.72	Body 32

Total Exam DLP: 555.72



# Additional Fields to Extract

Patient Name:

Exam no:

Accession Number:

Patient ID:

Discovery CT750 HD

Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	\$15.750-1650.250	5.10	373.00	Body 32
5	Helical	\$188.000-1105.000	5.10	182.72	Body 32

Total Exam DLP: 555.72

# Available from “Header”

Patient Name: Exam no:  
Accession Number:  
Patient ID: Discovery CT750 HD  
Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	\$15.750-1650.250	5.10	373.00	Body 32
5	Helical	\$188.000-1105.000	5.10	182.72	Body 32
Total Exam DLP:				555.72	

# Dose Screen - Siemens

15-Jul-20

Ward:

Physician:

Operator:

Total mAs 15323    Total DLP 1601 mGy\*cm

	Scan	kV	mAs / ref.	CTDIvol mGy	DLP mGy*cm	TI s	cSL mm
Patient Position H-SP							
AP Scout	1	120	36 mA			2.7	0.6
Lateral Scout	2	120	36 mA			2.7	0.6
CCS	3D	120	150	8.49	122	0.2	3.0
Last scan no.	10						
PreMonitoring	11	120	20	0.90	1	0.33	10.0
I.V. Bolus							
Monitoring	12	120	20	9.73	10	0.33	10.0
Last scan no.	22						
Coronary Angio	23D	120	350	91.74	1468	0.33	0.6

# Key Fields to Extract

15-Jul-20

Ward:

Physician:

Operator:

Total mAs 15323

Total DLP 1601 mGy\*cm

	Scan	kV	mAs / ref.	CTDIvol mGy	DLP mGy*cm	TI s	cSL mm
Patient Position H-SP							
AP Scout	1	120	36 mA			2.7	0.6
Lateral Scout	2	120	36 mA			2.7	0.6
CCS	3D	120	150	8.49	122	0.2	3.0
Last scan no.	10						
PreMonitoring	11	120	20	0.90	1	0.33	10.0
I.V. Bolus							
Monitoring	12	120	20	9.73	10	0.33	10.0
Last scan no.	22						
Coronary Angio	23D	120	350	91.74	1468	0.33	0.6

# Additional Fields to Extract

15-Jul-20

Ward:

Physician:

Operator:

Total mAs 15323    Total DLP 1601 mGy\*cm

	Scan	kV	mAs / ref.	CTDIvol mGy	DLP mGy*cm	TI s	cSL mm
Patient Position H-SP							
AP Scout	1	120	36 mA			2.7	0.6
Lateral Scout	2	120	36 mA			2.7	0.6
CCS	3D	120	150	8.49	122	0.2	3.0
Last scan no.	10						
PreMonitoring	11	120	20	0.90	1	0.33	10.0
I.V. Bolus							
Monitoring	12	120	20	9.73	10	0.33	10.0
Last scan no.	22						
Coronary Angio	23D	120	350	91.74	1468	0.33	0.6

# Challenges

- **Query and retrieval of dose screens**
- **Extracting sufficient information**
  - matching against actual series
  - information from reconstructed images
  - extracting anatomy and procedure
  - extracting phantom information
  - extracting scanning range
  - establishing scope of accumulation
  - absence of an Irradiation Event UID

# Challenges - Anatomy

- **No coded anatomy information present**
  - legacy scanner consoles
    - no place to select anatomy from standard list
    - not available from Modality Work List (MWL)
    - not copied from protocols
  - so Body Part Examined and Anatomic Region Sequence usually empty or absent
- **Attempt to parse plain text**
  - challenging across multiple languages
  - abbreviations and punctuation are problematic
    - C/A/P versus CAP versus Chest/Abdomen/Pelvis

# OCR Implementations

- **PixelMed (open source, D. Clunie)**
  - OCR, toolkit, utilities, services, registry submission
  - <http://www.pixelmed.com/>
- **Radiance (open source, T. Cook UPenn)**
  - dose management system, OCR, effective dose
  - <http://radiancedose.com>
- **Valkyrie (G. Shih, Weill-Cornell)**
  - unknown
  - Google “Valkyrie George Shih”
  - <http://www.weillcornell.org/gshih/>



# Dose Utility Prototype

The screenshot displays the 'Dose Utility' application window. The interface is split into two main panes. The left pane shows a file tree under 'GRAYTOO\_OSIRIX', with 'Patient DiscoveryCT750HD WithDoseSRAndScreenShot 83749' selected. The right pane shows a 'Local' file tree with 'Image 1 {SC,DERIVED,SCREEN SAVE}' selected under 'Series 999 {CT} Dose Report'. Below the panes are two tables. The left table has columns for 'ModalitiesInStudy', 'PatientAge', 'PatientBirthDate', and 'PatientID'. The right table has columns for 'BitsAllocated', 'BitsStored', 'BurnedInAnnotation', 'Columns', 'ContentDate', and 'Imag'. At the bottom, there are buttons for 'Configure', 'Log', 'Query', 'Retrieve', 'Import', 'View', 'Validate', and 'Report'. Below these buttons are input fields for 'Patient's Name' (Discovery\*), 'Patient's ID', and 'Study Date'. There are also three checkboxes: 'Retrieve only dose series' (checked), 'Show only dose summary', and 'Show detailed log'. At the very bottom, a status bar shows '(498,209) = -1024 HU [0]'.

ModalitiesInStudy	PatientAge	PatientBirthDate	PatientID
CTSR			83749123749219

BitsAllocated	BitsStored	BurnedInAnnotation	Columns	ContentDate	Imag
16	16	NO	512	20090810	DERI

Buttons: Configure, Log, Query, Retrieve, Import, View, Validate, Report

Query - Patient's Name: Discovery\* Patient's ID: Study Date:

Retrieve only dose series  Show only dose summary  Show detailed log

(498,209) = -1024 HU [0]

# Dose Utility Prototype

Patient Name: Exam no:  
Accession Number:  
Patient ID: Discovery CT750 HD  
Exam Description: CT HALS/THORAX/ABDOMEN

## Dose Report

Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	S15.750-I650.250	5.10	373.00	Body 32
5	Helical	S188.000-I105.000	5.10	182.72	Body 32
Total Exam DLP:				555.72	

1/1

Reporting started

Dose	2009/08/10 13:03:28	CT	CT HALS/THORAX/ABDOMEN	DLP Total=555.72 mGycm
	Series=2	Helical	S15.750-I650.250 mm	5.10 mGy 373.00 mGycmBODY32
	Series=5	Helical	S188.000-I105.000 mm	5.10 mGy 182.72 mGycmBODY32

Reporting complete

Clear

# Dose Utility Prototype

Patient Name: \_\_\_\_\_ Exam no: \_\_\_\_\_  
Accession Number: \_\_\_\_\_  
Patient ID: \_\_\_\_\_ Discovery CT750 HD  
Exam Description: CT HALS/THORAX/ABDOMEN

**Dose Report**

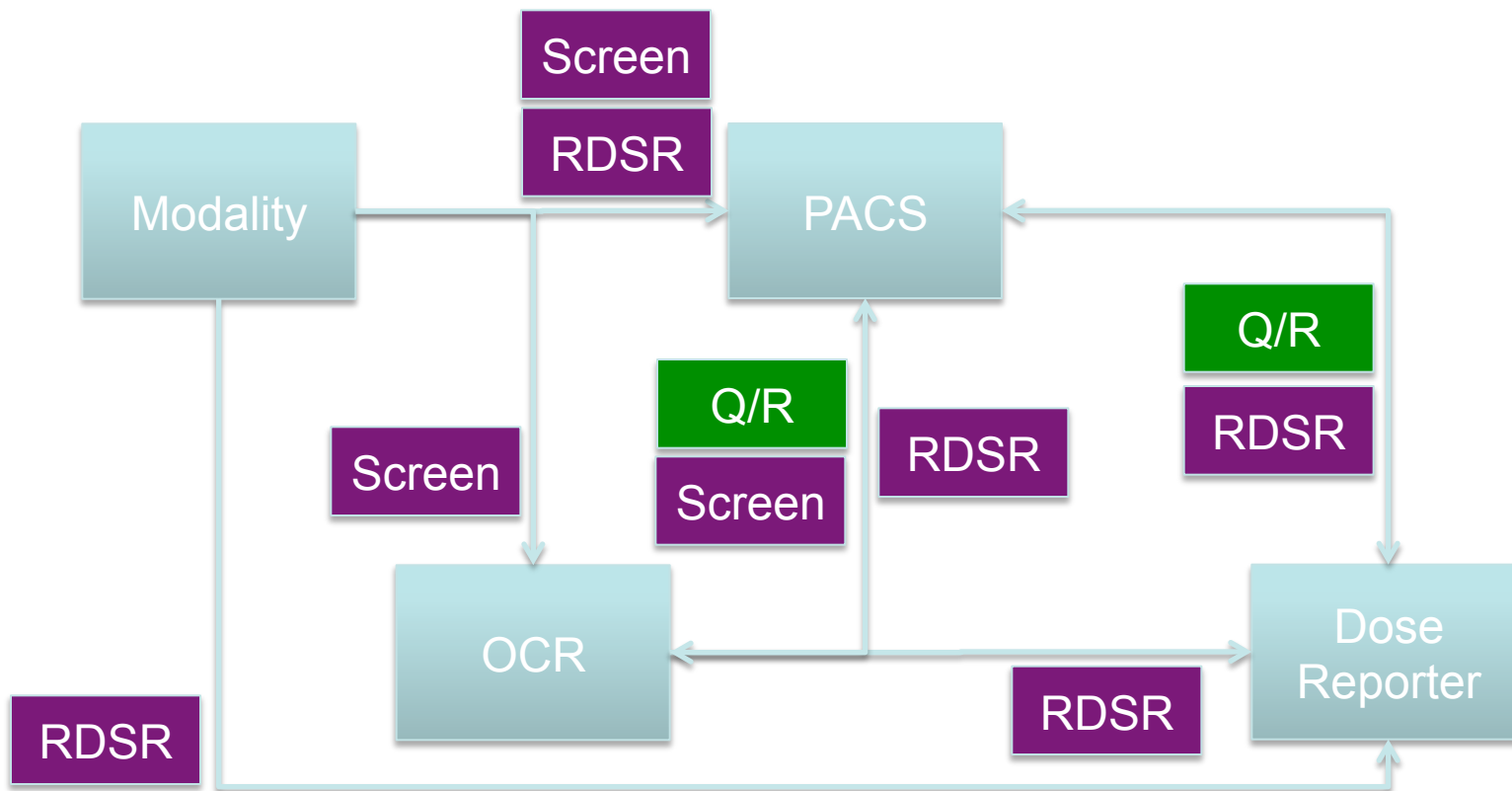
Series	Type	Scan Range (mm)	CTDIvol (mGy)	DLP (mGy-cm)	Phantom cm
1	Scout	-	-	-	-
2	Helical	S15.750-I650.250	5.10	373.00	Body 32
5	Helical	S188.000-I105.000	5.10	182.72	Body 32
Total Exam DLP:				555.72	

1/1

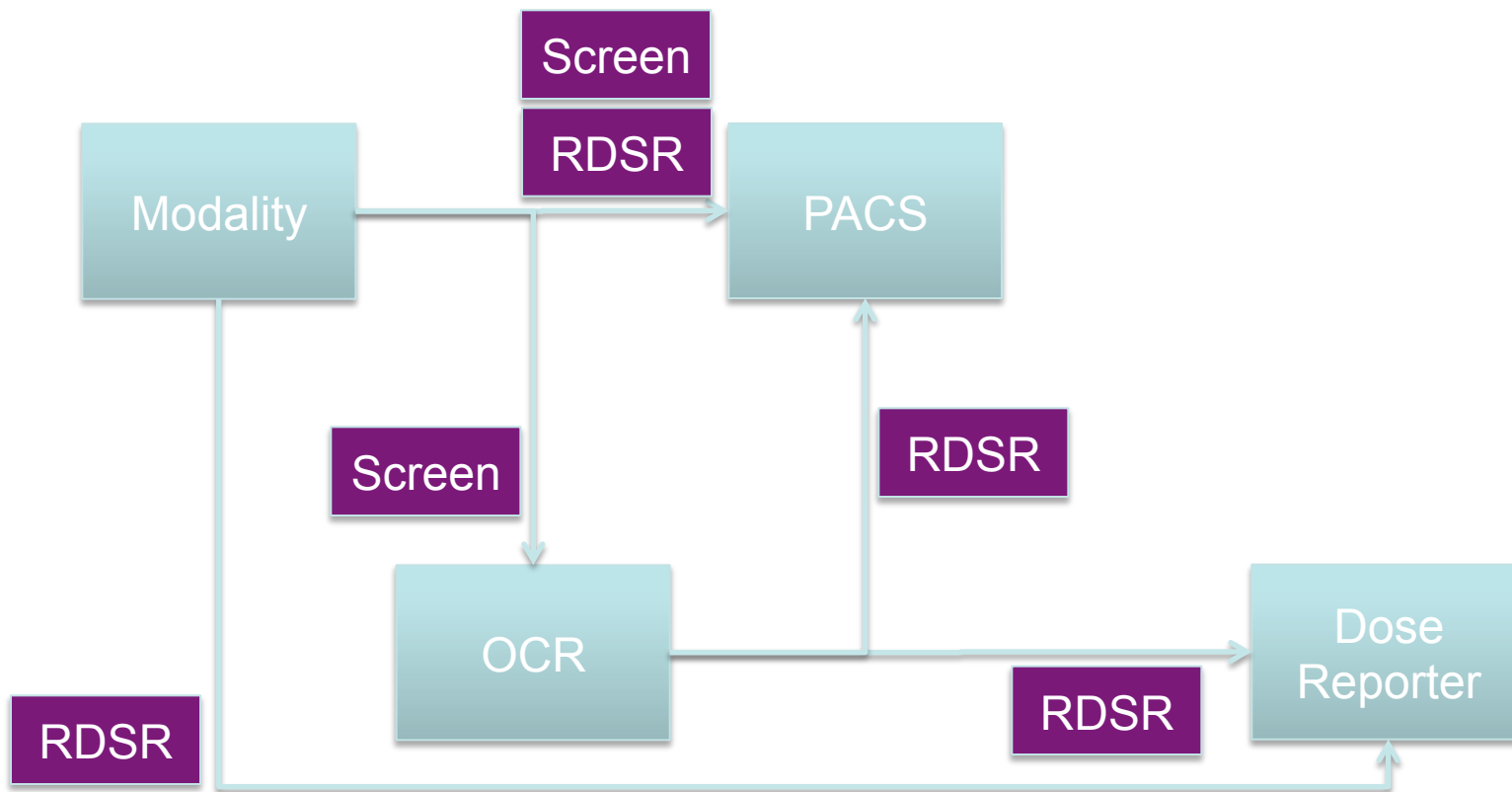
Reporting started  
Dose 2009/08/10 13:03:28 CT CT HALS/THORAX/ABDOMEN DLP Total=555.72 mGycm  
Series=2 Helical S15.750-I650.250 mm 5.10 mGy 373.00 mGycmBODY32  
Series=5 Helical S188.000-I105.000 mm 5.10 mGy 182.72 mGycmBODY32  
Reporting complete

Clear

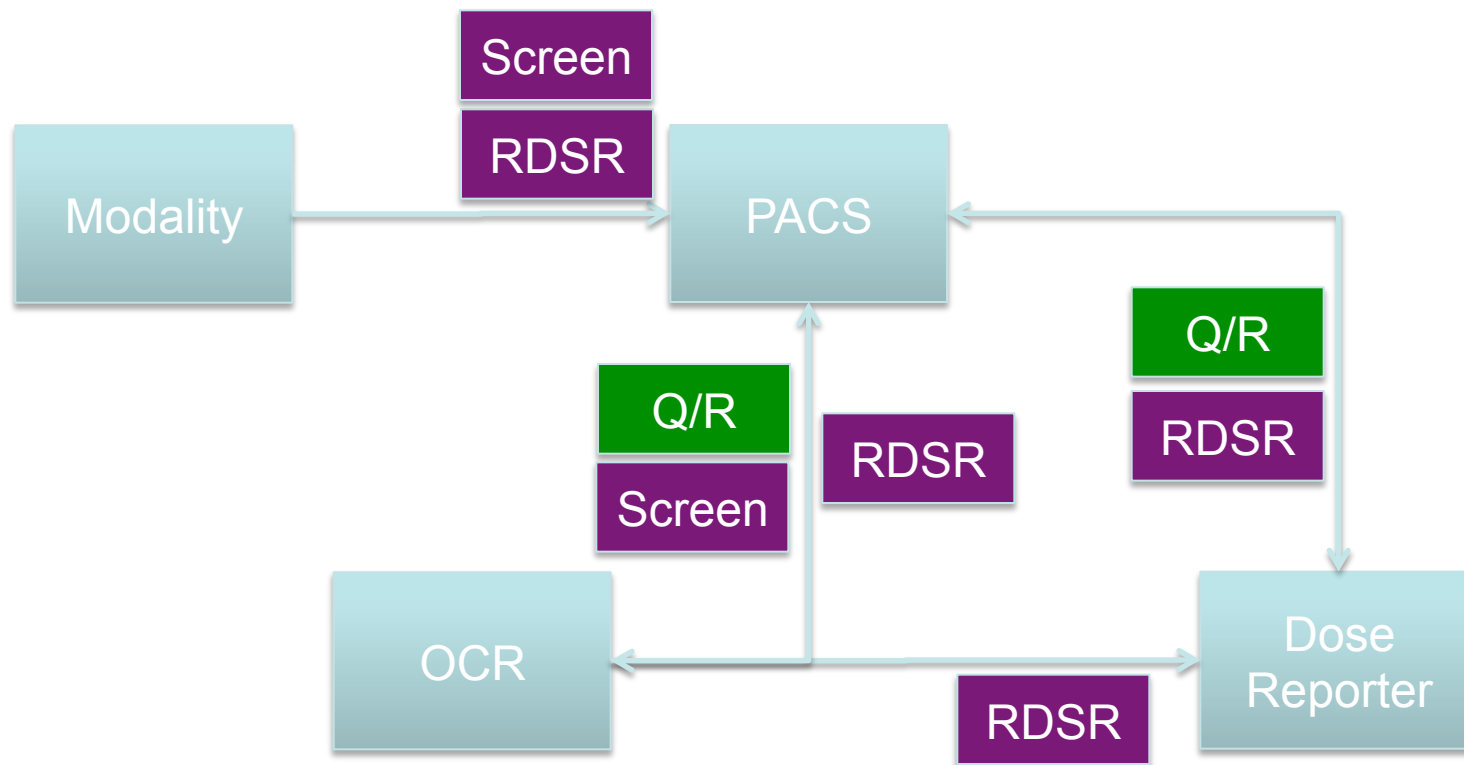
# RDSR & OCR Deployment



# Push Model



# Pull Model



# NEMA XR-25 Dose Check



The Association of Electrical and Medical Imaging Equipment Manufacturers

## **NEMA Standards Publication XR 25-2010**

*Computed Tomography Dose Check*

# NEMA XR-25 Dose Check

- **Check BEFORE operator irradiates**
- **Notifications**
  - will prescribed scan exceed preset limits ?
- **Alerts**
  - will delivered + prescribed exceed limits ?
  - also alerts prior to saving protocols
- **Override**
  - record identity and reason



# DICOM + XR-25

- **Record Dose Check activity in RDSR**
- **CP 1047**
- **Stores**
  - configured notification & alert values
  - estimated values
  - CTDIvol and DLP
  - operator identity and reason for override
- **Allows for central monitoring**

# Conclusions

- **Regardless of actual risk, perceived risk requires action**
- **Monitoring and reporting of exposure information is feasible**
- **CT vendors are cooperating to provide standard information using DICOM RDSR**
- **Legacy devices can be incorporated through OCR**
- **National Dose Index Registries can use this information to provide aggregate reporting**
- **Incorporation in cross-enterprise patient record remains challenging**
- **CT vendors are also providing “dose check” (NEMA XR-25) at the console to reduce operator error**